



## Developing Collegial Workplaces

### Course Description

Lateral violence or workplace bullying are terms used to define actions between colleagues. However, how do you know if this is happening in your workplace? If you do know it's happening, what can you do to mitigate its effects personally and professionally? What can you do as a leader at the bedside or as a leader of your unit? This course will discuss these questions and more with interactive audience discussion and sharing of ideas, concerns and questions.

### Program Learning Outcomes

*This program prepares the learner to:*

- Identify what lateral violence looks like in the workplace and its effects.
- Relate positive and negative communication methods.
- Describe how to communicate with colleagues effectively.

### Agenda

*Sign-in begins at 7:30 am.* The day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

#### 8:00 am to 4:30 pm

- 0800 **Introduction**  
Definitions | Behaviors | Current Research | Result of Effects on Workforce
- 0900 **Methods for Deterring**  
Behaviors | Support | Colleagues
- 1000 **Break**
- 1015 **Positive Communication Methods**  
Inquiry | Advocacy
- 1130 **Audience Scenario Interaction**  
Questions with Discussion
- 1200 **Lunch**
- 1300 **Audience Scenario Interaction**  
Questions with Discussion
- 1400 **Developing Leadership at the Bedside**  
Initiative Focus | Developing Staff Involvement | Mentorship
- 1500 **Break**
- 1515 **Group Work**  
Discuss Various Workplace Environments | How to Incorporate Concepts Described in this Course
- 1630 **Adjourn**

# Accreditation

## RN/LPN/LVN/Other: 7 Contact Hours

MED-ED, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (**ANCC**).

MED-ED, Inc. is an approved provider by the following State Boards of Nursing: **Florida**/FBN 50-1286, **Iowa**/296, **California** #CEP10453.

If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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